

TEIKEI Manifesto 2030

Commitment

TEIKEI is a civil movement and network dedicated to promoting a regenerative, solidarity-based, and transparent agricultural economy across Europe. TEIKEI supports not only small-scale farms but also connects producers, consumers, and communities to collectively create a sustainable and fair supply chain. Our goal is to develop a resilient and eco-friendly food system through direct collaboration between all participants, strengthening both nature and communities.

Vision 2030

i. Agriculture, the Pulse of Civilisational Transformation

TEIKEI recognises that agriculture is not merely an isolated sector, but the most fundamental pillar of human civilisation. At the heart of TEIKEI's transformative vision are the Three Sacred Circles: economy, relationships, and art. These represent the fundamental pillars of a regenerative society. Economy sustains our physical needs, relationships foster community resilience, and art fuels cultural and creative growth. Through the integration of these circles, we aim to rebuild our connection with the land, nurture strong communities, and cultivate an economy that sustains both material and spiritual well-being. By integrating these sacred circles into every aspect of our work, we ensure that future generations inherit a system that nurtures both the land and the soul, fostering enduring connections between nature, people, and culture. It is from the soil - where life begins and is sustained - that we aim to foster a deeper transformation of societal systems. We understand that the preservation and nurturing of life is the most essential

responsibility on Earth. This life-centred approach is not confined to farming but extends into every sphere of human existence, where the balance between nature, people, and community must be restored. TEIKEI is committed to creating systemic change that ensures the survival and flourishing of all life forms. Our vision is rooted in the belief that humanity must realign its values and systems with the principles of regeneration and sustainability, knowing that the true wealth of civilisation lies in its capacity to protect and sustain life.

iii. Regenerative Systems and Agriculture

By 2030, all TEIKEI farmers will have adopted the principles of regenerative agriculture, achieving Level 3 of our regenerative roadmap. This commitment extends beyond agriculture to every step of the supply chain, ensuring regeneration happens at all levels. From soil health and biodiversity on the farms to the use of renewable energy and waste reduction in packaging and logistics, regeneration will be a guiding principle. This holistic approach strengthens the entire TEIKEI ecosystem and promotes sustainability through shared responsibility, ensuring long-term resilience for future generations. TEIKEI is committed to fostering a culture of continuous learning and knowledge sharing across its network. All members - including farmers, consumers, and partners - contribute to a shared knowledge pool that is constantly evolving. Regular training sessions, exchange programs between communities, and the development of knowledge resources ensure that each group is equipped to address the challenges of sustainable agriculture. By sharing knowledge across the network, we ensure that each community is equipped not only to meet today's challenges but also to innovate and adapt to future needs. This ongoing exchange of ideas, techniques, and insights is key to building a resilient and regenerative food system.

iv. Circular, Shared-Risk Economy for the Common Good

We are committed to creating circular, shared-risk economic structures that emphasise collaboration and collective well-being over individual profit. Our

networks are owned and governed by the community, transitioning away from single-owned models to participatory and cooperative systems. TEIKEI's circular economy is rooted in the understanding that economy, relationships, and art are sacred and interconnected. This approach fosters a regenerative system that supports not only financial well-being but also emotional and social health, while promoting creativity and cultural expression. Our circular, shared-risk model embraces these three sacred circles to create an economy that nourishes communities in multiple dimensions, ensuring a balance between material and cultural wealth. The organisation's structure cannot be owned by any one individual, nor sold for personal gain. Instead, value is created and distributed across all partners and participants. The risk and rewards are shared within the network, ensuring that the organisation remains in the hands of those who actively contribute to and run it, in alignment with our principle of collective responsibility and mutual benefit.

v. Art and Culture as a Bridge for Communities

At TEIKEI, we recognise that transforming the food system is not just about logistics or economics - it's also about the emotional, cultural, and spiritual connections that bind people together. Art and culture have the power to strengthen these bonds, fostering deeper engagement, a shared identity, and a sense of purpose within our communities.

At TEIKEI, spirituality is reflected in the way we care for the land, respect natural cycles and the natural order, and build meaningful relationships with one another. This spiritual connection informs our farming practices, ensuring that we honour both the environment and the communities that depend on it. Through mindful practices, we aim to create not just physical, but spiritual nourishment for all. We understand that art, culture, and spirituality can bring people together in powerful ways. Through cultural projects, creative activities, and a deeper spiritual connection to the land, we

don't just make things more beautiful; we help build a sense of belonging and shared identity.

At TEIKEI, we recognise the importance of integrating three sacred circles of relationships: economy, relationships, and art. These circles represent the key aspects of our interconnected world. The economy supports our livelihoods, relationships provide emotional and social stability, and art nurtures our creativity and cultural identity. By embracing the overlap of these sacred circles, we build stronger, more resilient communities.

At TEIKEI, the Three Sacred Circles - economy, relationships, and art - are not abstract concepts but deeply embedded in our everyday actions. The economy sustains not just livelihoods by supporting local farmers and producers, but also nurtures strong community relationships through cooperative financial models that prioritise fairness and shared risk. Relationships are cultivated through direct, transparent exchanges between farmers and consumers, creating a sense of belonging and shared purpose. Art, meanwhile, plays a vital role in bringing people together, fostering creativity, and strengthening cultural connections through community projects, festivals, and collaborative activities. By integrating these circles into our work, we create a holistic system where economic, social, and cultural well-being are equally valued.

This synergy reflects our commitment to a future where art, culture, and economic well-being are deeply intertwined, allowing communities to flourish in harmony with nature. Our cultural and spiritual commitments ensure that the wisdom of past generations and the creativity of present communities will leave a lasting impact for future generations. By integrating these elements, we aim to create a sustainable food system that nourishes not just the body, but the soul - preserving our values and ensuring a thriving future for all.

TEIKEI

V. Energy Independence and Regenerative Resource Use

To achieve true sustainability, TEIKEI recognises that energy independence is essential. By 2030, all actors within the food supply chain will operate without the need for fossil fuels, relying instead on locally produced, renewable energy sources. However, energy independence is only part of the transformation. It must be paired with a holistic, regenerative approach to resource use. Waste is not simply reduced—it is eliminated, as TEIKEI moves toward circular, zero-waste systems that regenerate themselves. Packaging, transportation, and distribution are redesigned to work in harmony with the environment, creating a system where all resources are reused, renewed, and integrated back into the ecological cycle. In this way, TEIKEI builds an economy that flows without disruption, mirroring the natural world's ability to sustain itself.

TEIKEI's Commitment

Philosophical Depth and Life-Centred Values

TEIKEI recognises the need to go beyond mere food production to safeguard life as a whole. We are committed to deepening the connection between humanity, nature, and community by questioning the destructive impacts of capitalist growth and materialistic ways of life. Our goal is not only to promote regenerative agriculture but also to foster a regenerative way of living based on inner and outer harmony.

Holistic Civilisational Change

TEIKEI is committed not only to transforming agricultural systems but also to fostering a broader civilisational shift. Our aim is to build a culture of cooperation, sharing, and responsible living. This requires moving away from the industrial logic of constant consumption and infinite growth toward an economy of sufficiency, rooted in solidarity and respect for all forms of life. TEIKEI envisions a future where our communities and economies are guided

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by life-centred values that promote the well-being of both nature and humanity.

We are deeply committed to building a regenerative, transparent, and community-based agricultural economy, not only by fulfilling our own responsibilities but also by actively contributing to the success of the entire ecosystem. Through our actions, we support the broader vision for 2030, ensuring that every part of the network can thrive. Each point below reflects these principles and is tied to one or more of TEIKEI's Ten Principles.

i. Shared-Risk Economy and Harvest Commitment

We are committed to fostering a shared-risk economy where producers announce their harvests, and the community collectively commits to accepting them. This system ensures financial stability for producers and strengthens trust between all participants in the TEIKEI network.

*Main TEIKEI Principle Reference: **3rd Principle of accepting the produce***

ii. Regenerative Agricultural Methods

We are committed to fully implementing regenerative agricultural practices by 2030. Our aim is to restore and enhance soil resilience and biodiversity, creating a strong foundation for long-term ecological sustainability. This holistic approach is what we call **TEIKEI agriculture**.

*Main TEIKEI Principle Reference: **1st Principle of mutual assistance***

iii. Eliminating Fossil Fuels by 2030

We are focused on phasing out fossil fuels across our supply chain by 2030. Through the adoption of renewable energy sources in both production and transportation, we aim to contribute to a sustainable and fossil-free future.

*Main TEIKEI Principle Reference: **8th Principle of learning among each group***

iv. Soil Health First

We are committed to prioritising soil health by shifting the focus from feeding plants to nurturing the soil. Healthy soils are the backbone of the TEIKEI agriculture and a key element of ecological balance.

*Main TEIKEI Principle Reference: **2nd Principle of intended production***

v. Waste-Free Business Models

We are dedicated to developing waste-free business models that minimise environmental impact through reusable systems, eco-friendly transportation, and responsible waste management.

*Main TEIKEI Principle Reference: **6th Principle of self-distribution***

vi. Supporting Small-Scale and Community-Based Farming

We actively support small-scale farmers and community-based agricultural projects. By doing so, we strengthen local economies and promote solidarity, fostering a sustainable farming network that works for everyone.

*Main TEIKEI Principle Reference: **9th Principle of maintaining the appropriate group scale***

vii. True Cost Accounting

We are implementing **True Cost Accounting** to accurately reflect the environmental and social costs of production. This ensures more transparent, just, and sustainable economic practices within the network.

*Main TEIKEI Principle Reference: **10th Principle of steady development***

viii. Innovation in Agriculture

We embrace innovation by integrating smart technologies and low-tech solutions in agricultural practices. Our commitment is to use large machinery only when necessary, emphasising flexibility and sustainability in farming methods.

*Main TEIKEI Principle Reference: **1st Principle of mutual assistance***

ix. Building Relationships

We are dedicated to building strong, personal relationships with all producers and consumers in our network. By fostering direct communication,

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we strengthen trust and ensure the long-term stability of the TEIKEI network.

*Main TEIKEI Principle Reference: **5th Principle of deepening friendly relationships***

x. Fair Trade and Transparency

We fully support **Fair Trade** practices, ensuring that all parties involved receive fair compensation. We go beyond standard Fair Trade by promoting full transparency in pricing and value creation throughout the network.

*Main TEIKEI Principle Reference: **4th Principle of mutual concession in the price decision***

xi. Business Transparency

We are committed to maintaining transparency in business practices by providing open access to business plans and pricing structures. This fosters trust and collaboration within the TEIKEI network.

*Main TEIKEI Principle Reference: **8th Principle of learning among each group***

xii. Holistic Understanding of Environmental Challenges

We address environmental challenges holistically, ensuring that all aspects of the supply chain are considered in developing sustainable solutions that benefit both the environment and the community.

*Main TEIKEI Principle Reference: **9th Principle of maintaining the appropriate group scale***

xiii. Rethinking Market Competition

We reject traditional market competition in favour of collaboration and shared responsibility. Our focus is on creating a solidarity-based economy where success is measured by collective progress toward sustainability.

*Main TEIKEI Principle Reference: **7th Principle of democratic management***

xiv. Income and Cooperation

We are committed to fostering sustainable incomes through cooperative approaches, prioritising the health and well-being of the community over individual profit. Cooperation is central to our vision of shared responsibility.

*Main TEIKEI Principle Reference: **7th Principle of democratic management***

xiv. Neutral Facilitation

We actively support transparent, direct collaboration between producers and consumers, ensuring that both parties can engage independently and maintain decentralised control. This approach fosters ownership, strengthens community bonds, and encourages a resilient, decentralised network.

*Main TEIKEI Principle Reference: **5th Principle of deepening friendly relationships***

What are TEIKEI Members, Enterprise Network, and Primary Suppliers Committed To?

We are deeply committed to building a regenerative, transparent, and community-based agricultural economy, supporting the vision for 2030 by following these core values. TEIKEI not only implements these principles within its own network but also actively supports and participates in the commitments of our members, partners, and other organisations to ensure their successful implementation. Each point below reflects these principles and is tied to one or more of TEIKEI's Ten Principles.

i. Fair-Share-Rate and Efficient Systems

Our members, enterprise network, and primary suppliers are committed to developing new organisational pathways and processes that ensure farmers receive between 50% and 90% of the final retail price. This will be achieved

by implementing direct trade models, optimising logistics through local distribution networks, and fostering cooperative structures. These measures maintain high product quality, lower consumer prices, and reduce reliance on conventional wholesale models.

Main TEIKEI Principle Reference: **4th Principle of mutual concession in price decision**

ii. Shared-Risk Economy and Harvest Commitment

Our members, enterprise network, and primary suppliers are committed to a shared-risk economy that ensures risks and rewards are collectively managed throughout the network. As part of this principle, the harvest must be announced by the producers, and once announced, it must be accepted by the members and partners in the network. This guarantees financial security for farmers while fostering a deep sense of mutual responsibility.

Main TEIKEI Principle Reference: **3rd Principle of accepting the produce**

iii. Mutual Assistance

Our members and primary suppliers actively practice mutual assistance, ensuring that both producers and consumers are protected in times of need. This principle strengthens resilience within the network by fostering a strong sense of community support, especially during difficult times for either farmers or consumers.

TEIKEI Principle Reference: **1st Principle of mutual assistance**

iv. Intended Production

Our members and producers agree on the intended production levels at the beginning of each cycle. This coordination between producers and the network ensures that only what is needed is grown, minimising waste and aligning the harvest with actual consumption needs.

Main TEIKEI Principle Reference: **2nd Principle of intended production**

v. Support for Small-Scale and Community-Based Farming

Our members, enterprise network, and primary suppliers support small-scale farming in all its forms—whether it's tiny farms, individual

smallholders, or community-supported agricultural projects—by sourcing products from sustainable networks and prioritising unprocessed foods over heavily processed alternatives. This strengthens the regional economy and solidarity, promoting sustainable farming practices in line with TEIKEI's values.

Main TEIKEI Principle Reference: **9th Principle of maintaining the appropriate group scale**

vi. Positive Relationships with Producers

Our members foster healthy, sustainable relationships with producers by sharing the stories behind each product with their fellow members and partners. This transparent and trust-based communication strengthens the connection between producers and consumers, reflecting TEIKEI's values of trust and community-driven action.

Main TEIKEI Principle Reference: **5th Principle of deepening friendly relationships**

vii. Waste-Free Business Models

Our members, enterprise network, and primary suppliers commit to business models that are designed to be waste-free. This includes favouring reusable systems, eco-friendly transportation, and minimising pollution and fossil fuel use.

TEIKEI Principle Reference: **6th Principle of self-distribution**

viii. Maintaining the Appropriate Group Scale

Our members recognise that the full practice of the principles becomes challenging if membership or territory grows too large. That's why both should be kept to an appropriate size. The development of this movement should be promoted through increasing the number of groups and enhancing collaboration among them.

Main TEIKEI Principle Reference: **9th Principle of maintaining the appropriate group scale**

ix. Holistic Understanding of Environmental Challenges

Our members, enterprise network, and primary suppliers understand that addressing environmental issues requires holistic approaches. Therefore, they support the entire supply chain, addressing not only waste, emissions, and logistics, but also seeking comprehensive solutions that encompass the broader environmental and social impacts.

Main TEIKEI Principle Reference: **8th Principle of learning among each group**

x. Steady Development through Collaboration

Our members recognize that the sustainable growth of our network must be done through steady, collaborative efforts. As we expand, we commit to qualitative growth over quantitative expansion, ensuring that all our actions serve the collective well-being of both producers and consumers.

Main TEIKEI Principle Reference: **10th Principle of steady development**

What Are TEIKEI Farmers Committed To?

TEIKEI farmers fully support the 2030 vision and commit to practices that reflect the three core values of TEIKEI: transparency, sustainable and regenerative practices, and community-based agriculture and solidarity. These values guide the way farmers cultivate the land, engage with their communities, and ensure that their agricultural activities promote long-term ecological and social well-being.

i. Regenerative Agricultural Methods and Soil Health

By 2030, farmers will implement regenerative methods that actively improve soil health and biodiversity. Healthy soils are the foundation of sustainable agriculture, prioritised to maintain ecological balance. This long-term commitment fosters resilient ecosystems and sustainable agricultural practices for future generations. The progress will be tracked through

regular measurements of soil fertility and biodiversity, ensuring transparency and continuous improvement.

Main TEIKEI Principle Reference: 1st Principle of mutual assistance

ii. Generational Land Stewardship and Local Food Accessibility

Farmers adopt a model of land stewardship that ensures equitable access to land and food for future generations, prioritising local food distribution before exporting to external markets. This commitment strengthens regional food security and sustainability. Any surplus is only exported after the local community's needs are fully met, reinforcing local food sovereignty.

Main TEIKEI Principle Reference: 2nd Principle of intended production

iii. Organic and Regenerative Farming without External Certification

Farmers follow organic and regenerative principles without relying on third-party certifications like EU Organic or DEMETER. TEIKEI's Participatory Guarantee System (PGS) ensures transparency and community-based quality assurance. The focus is on avoiding any practices that harm soil life or beneficial insect populations, preserving the natural balance by using only locally sourced natural fertilisers.

Main TEIKEI Principle Reference: 3rd Principle of accepting the produce

iv. Producing High-Quality, Nutrient-Rich Food

Farmers strive to produce the highest quality food, rich in secondary plant compounds, which contribute to human health and environmental well-being. The natural shapes and forms of the products are respected, reflecting the uniqueness of nature's processes and avoiding unnecessary standardisation. This commitment ensures the integrity of natural production and provides wholesome, nutrient-dense products.

Main TEIKEI Principle Reference: 4th Principle of mutual concession in the price decision

v. Business Transparency and Cooperative Income Models

Farmers provide transparent access to their business plans and pricing structures while creating sustainable incomes through cooperative

approaches. This prioritises health, well-being, and community over financial gain, fostering openness and collaboration within the TEIKEI network.

*Main TEIKEI Principle Reference: **7th Principle of democratic management***

vi. Innovation and Eliminating Fossil Fuels

Farmers embrace innovative agricultural practices, blending smart technologies with low-tech solutions while committing to eliminating the use of diesel and plastic by 2030. This transition to renewable energy and sustainable materials reflects TEIKEI's commitment to environmental protection. This includes a gradual shift towards renewable energy and a complete phase-out of single-use plastics in agricultural practices.

*Main TEIKEI Principle Reference: **10th Principle of steady development***

vii. Local Community Integration

TEIKEI farmers actively promote access to agricultural products within their local communities, offering programs for individuals without land access. This ensures that people within the community can benefit from locally produced food, strengthening local food systems and solidarity.

*Main TEIKEI Principle Reference: **5th Principle of deepening friendly relationships***

viii. Collaborative Learning and Knowledge Sharing

TEIKEI farmers are committed to continuous learning and sharing knowledge with fellow farmers and community members. This includes the exchange of best practices in regenerative agriculture and sustainable farming methods. By fostering a learning culture, farmers ensure that innovation and sustainability are embedded in their daily practices. TEIKEI facilitates this exchange through a centralized knowledge database, regular workshops, and community meetings. These mechanisms help spread best practices and innovative ideas, ensuring that every community not only has access to local solutions but also benefits from the collective experiences of the entire network. By fostering this collaborative learning culture, we strengthen our resilience and ability to respond to ecological and social challenges.

Main TEIKEI Principle Reference: **8th Principle of learning among each group**

ix. Maintaining Small, Scalable Communities

Farmers commit to keeping their farming operations and partnerships at a manageable scale to ensure close connections with consumers and community members. By maintaining appropriate group sizes, TEIKEI farmers can focus on quality, sustainability, and building strong relationships without overextension.

Main TEIKEI Principle Reference: **9th Principle of maintaining the appropriate group scale**

x. Fair and Inclusive Risk Sharing

Farmers commit to embracing the support of the TEIKEI community in both prosperous and challenging times. By sharing the risks and rewards of farming with the wider community, farmers and members work together to ensure long-term sustainability. This cooperative approach helps distribute the pressures of agricultural uncertainty, ensuring that no farmer is left to face difficulties alone.

Main TEIKEI Principle Reference: **1st Principle of mutual assistance**

What Are TEIKEI Service and Material Providers Committed To?

Our service and material providers, as well as other external actors who contribute to TEIKEI's success while maintaining their independent structures, fully support the 2030 vision by committing to the following:

i. Transparent Pricing and Origins

Providers and external actors share comprehensive information about their pricing structures, the origins of their raw materials, and the ethical and environmental practices employed in their sourcing. This ensures that the

entire network operates with full transparency, aligning with TEIKEI's core value of trust and openness.

Main TEIKEI Principle Reference: **1st Principle of mutual assistance**

ii. Waste Management and Sustainability

Providers are committed to transparent waste management practices, detailing how industrial by-products are handled and what steps are taken to minimise environmental impact. They aim to adopt circular production methods that align with TEIKEI's goal of fossil-free and waste-free practices.

Main TEIKEI Principle Reference: **10th Principle of steady development**

iii. Supporting TEIKEI's Vision Without Full Integration

Service and material providers, along with other contributing actors, may not be fully integrated into TEIKEI's operational structure, but they commit to aligning parts of their business practices with TEIKEI's goals. By contributing resources, services, or materials in a way that supports sustainability and community-based principles, they reinforce TEIKEI's broader mission without sacrificing their own operational autonomy.

Main TEIKEI Principle Reference: **2nd Principle of intended production**

iv. Mutual Learning and Knowledge Sharing

Providers are encouraged to engage in mutual learning and knowledge sharing with TEIKEI members, focusing on best practices in sustainability, ethical sourcing, and innovative solutions. This exchange helps both parties grow and align their operations with future goals.

Main TEIKEI Principle Reference: **8th Principle of learning among each group**

v. Maintaining Appropriate Scale and Long-Term Partnership

Service and material providers are encouraged to operate at a scale that allows for close collaboration with TEIKEI, ensuring that relationships remain manageable and sustainable. Providers are also invited to support TEIKEI's vision with a long-term perspective, understanding that progress towards full alignment with TEIKEI's sustainability goals may be gradual. By

establishing long-term partnerships, providers can grow with TEIKEI while maintaining their own development paths.

Main TEIKEI Principle Reference: **9th Principle of maintaining the appropriate group scale**

vi. Fair and Transparent Price Setting

Providers and TEIKEI work together to determine fair prices that reflect the true costs of production, environmental responsibility, and the benefits of sustainable practices. Both parties take into account the shared goals of affordability and fair compensation, ensuring that the price reflects both the providers' efforts and the community's ability to access ethical products.

Main TEIKEI Principle Reference: **4th Principle of mutual concession in the price decision**

vii. Fostering a New Culture of Life and Cooperation

Service and material providers working with TEIKEI commit not only to supporting sustainable practices but also to fostering a new culture of life and cooperation. This means they not only optimise their operational processes but also recognise and act on their responsibility toward society and nature.

Main TEIKEI Principle Reference: **10th Principle of steady development**

A Commitment to Cultivate a Thriving Future Together

By signing this document, you are joining a movement that transcends simple economics. TEIKEI empowers you to shape a regenerative future where transparency, fairness, and community lead the way. Together, we build a network that not only protects the environment but also supports local farmers and producers.

This manifesto reflects a commitment to a broader change - moving away from endless consumption toward a culture of sufficiency and solidarity. By signing, you pledge to co-create a world where people and nature thrive in harmony. Let's build this future, rooted in community and nurtured by the land.

By coming together in this shared mission, we unlock the collective potential to transform our food systems, regenerate our environment, and build a future where communities, nature, and culture flourish in harmony.

By signing this document, I confirm my commitment to fulfilling the responsibilities of my role as described above, and supporting the project's vision for 2030.

Signature from: _____

On behalf of: _____

In the role of: _____

Date: ____ / ____ / _____ **& Signature:** _____